

Menu 1a For Week Commencing Aug 1 Sept 25

Name:

Apartment No:

Bookings & Cancellations Require 24 Hours Notice.*Please tick preferences*

		<u>Egg Choices</u>	<u>Alternatives – Please state juice variety</u>	<u>(Tick to order meal)</u>
Saturday 30 th	Watermelon and mint salad <u>Brunch</u> Sausage, Bacon, Tomatoes, Mushrooms, Beans, Egg and Hash Browns. Vegetarian Option Available Or Crushed Avocado on Wholemeal Toast with a Poached Egg. Homemade Rice Pudding with Blueberry Compote.	Scramble egg ☐ Fried Egg ☐ Small Meal ☐ Vegetarian ☐ Avocado ☐		Yes ☐ No ☐ Tray ☐
Sunday 31 st	Watercress Soup Roast pork with Stuffing, Apple Sauce, Roasted Potatoes and Vegetables. Fruit Trifle	<u>Choose Potato</u> Creamed Potato ☐ Small Meal ☐ <u>Bread Roll (soup only)</u> Yes ☐ No ☐		<u>(Tick to order meal)</u> Yes ☐ No ☐ Tray ☐ <u>Sherry</u> Med ☐ Dry ☐ Cream ☐
Monday 1 st	Cheese Souffle with Salad Battered Cod, Chips & Mushy Peas With a choice of Small or Large. Caramel Apple Pie and Custard	<u>Choose Potato</u> Creamed Potato ☐ <u>Choose Fish size.</u> Large ☐ Small ☐		<u>(Tick to order meal)</u> Yes ☐ No ☐ Tray ☐
Tuesday 2 nd	Smoked Salmon & Melon Roast Lamb, Roast Potatoes & Vegetables with Mint Sauce. Rhubarb and Custard Crunch	<u>Choose Potato</u> Creamed Potato ☐ Small Meal ☐		<u>(Tick to order meal)</u> Yes ☐ No ☐ Tray ☐
Wednesday 3 rd	French Onion Soup with a Cheesy Croutons. Sea Bream with Lyonnaise Potatoes, Creamy Tarragon Sauce and Green Salad. Strawberry Jelly and Pitted Cherries with Cream or Ice cream	Small Meal ☐ Cream ☐ Ice Cream		<u>(Tick to order meal)</u> Yes ☐ No ☐ Tray ☐
Thursday 4 th	Seafood Bisque. Quiche Lorraine served with a mixed leaf salad, Sauté potatoes, Coleslaw & Beetroot Ice cream Sundae	Small Meal ☐ <u>Bread Roll (soup only)</u> Yes ☐ No ☐		<u>(Tick to order meal)</u> Yes ☐ No ☐ Tray ☐
Friday 5 th	Breaded Mushrooms Poached Salmon with New Potatoes, Vegetables and White Wine Sauce Lemon Meringue Pie with Cream or Ice Cream	<u>Choose Potato</u> Creamed Potato ☐ Small Meal ☐ Cream ☐ Ice Cream		<u>(Tick to order meal)</u> Yes ☐ No ☐ Tray ☐

Menu 2a For Week Commencing Sept 25.

Name:

Apartment No:

Bookings & Cancellations Require 24 Hours' Notice.*Please tick preferences*

Saturday	Mackerel pate	<u>Choices</u>	<u>Alternatives – Please state variety</u>	<u>(Tick to order meal)</u>
6 th	Ham, Egg and Chips with Baked Beans Raspberry Ripple with Café Curls.	Scramble egg ☐ Fried egg ☐ Small Meal ☐		Yes ☐ No ☐ Tray ☐
Sunday	Egg and Prawn Mayonnaise	<u>Choose Potato</u>		<u>(Tick to order meal)</u>
7 th	Roast Chicken with Sausage wrapped in bacon, Roast Potatoes, Vegetables, Stuffing and Red Currant Jelly. Fresh fruit Pavlova	Creamed Potato ☐ <u>Chicken</u> Leg ☐ Breast ☐ Small Meal ☐		Yes ☐ No ☐ Tray ☐ <u>Sherry</u> Med ☐ Dry ☐ Cream ☐
Monday	Mushroom Soup			<u>(Tick to order meal)</u>
8 th	Smoked Haddock Poached in Milk with Creamed potatoes, Vegetables and Cheese Sauce Treacle Sponge with Custard	Small Meal ☐ <u>Bread Roll (soup only)</u> Yes ☐ No ☐		Yes ☐ No ☐ Tray ☐
Tuesday	Fried Camembert	<u>Choose Dessert Accompaniment</u>		<u>(Tick to order meal)</u>
9 th	Chicken Caesar Salad with Crunchy Croutons and a creamy Caesar dressing. Lemon Tart & Whipped Cream or ice cream	Cream ☐ Ice Cream ☐ Small Meal ☐		Yes ☐ No ☐ Tray ☐
Wednesday	Tomato and Spring Onion Salad with Olive Oil	<u>Choose Dessert Accompaniment</u>		<u>(Tick to order meal)</u>
10 th	Oven Baked Cod with a Herb Crust with Creamed Potatoes and Vegetables and Parsley Sauce. Strawberries with Cream, Ice Cream or Clotted Cream	Cream ☐ Ice Cream ☐ Clotted cream ☐ Small Meal ☐		Yes ☐ No ☐ Tray ☐
Thursday	Pate served with Melba toast	<u>Choose Accompaniment</u>		<u>(Tick to order meal)</u>
11 th	Braised Steak & Red Onion, Roast Potatoes & Vegetables Fruit Jelly & Cream or Ice cream	Small Meal ☐ Creamed Potato ☐ Cream ☐ Ice Cream ☐		Yes ☐ No ☐ Tray ☐
Friday	Vegetable Samosas with Salad and Mango Chutney			<u>(Tick to order meal)</u>
12 th	Fish Pie and Vegetables Strawberry Cheesecake	Small Meal ☐		Yes ☐ No ☐ Tray ☐

Bookings & Cancellations Require 24 Hours' Notice.*Please tick preferences*

Saturday	<u>Pub Lunch with a Choice of Red or White Wine, Lager or Cider.</u>	<u>Drink Choices</u>	<u>Alternatives – Please state juice variety</u>	<u>(Tick to order meal)</u>
13 th	Crab and Rocket Salad Steak and Ale Pie or Cheese and Potato Pie with Buttery Mash, Roasted Parsnips and Broccoli Egg Custard Tart with Whipped Cream	Red Wine ☐ White Wine ☐ Lager ☐ Cider ☐ Potato Pie ☐		Yes ☐ No ☐ Tray ☐
Sunday		<u>Choose Potato</u>		<u>(Tick to order meal)</u>
14 th	Carrot and Coriander Soup Roast Lamb with Mint sauce, Roast Potatoes and Vegetables. Lemon Crème Brulee	Creamed Potato ☐ Small Meal ☐ Bread Roll (soup only) Yes ☐ No ☐		Yes ☐ No ☐ Tray ☐ Sherry Med ☐ Dry ☐ Cream ☐
Monday		<u>Choose Potato</u>		<u>(Tick to order meal)</u>
15 th	Vegetable Soup Sea Bass with Lemon-Butter Sauce Sauté Potatoes & Mediterranean Vegetables Bakewell Tart with whipped Cream	Creamed Potato ☐ Small Meal ☐ Bread Roll (soup only) Yes ☐ No ☐		Yes ☐ No ☐ Tray ☐
Tuesday		<u>Choose Potato</u>		<u>(Tick to order meal)</u>
16 th	Orange & Grape Cocktail Roast Beef with Roasted Potatoes, Vegetables and Gravy. Eton Mess	Creamed Potato ☐ Small Meal ☐		Yes ☐ No ☐ Tray ☐
Wednesday		<u>Choose Fish.</u>		<u>(Tick to order meal)</u>
17 th	Broccoli and Stilton soup Battered Haddock, Chips and mushy Peas. With a choice of Large or Small. Baked Chocolate Fondant and ice cream	Large ☐ Small ☐ Bread Roll (soup only) Yes ☐ No ☐ PP		Yes ☐ No ☐ Tray ☐
Thursday				<u>(Tick to order meal)</u>
18 th	Crispy Battered Cod Bites and Salad Shepherd's Pie and Vegetables Pistachio and Almond Ice Cream with Café Curls	Small Meal ☐		Yes ☐ No ☐ Tray ☐
Friday		<u>Choose Potato</u>		<u>(Tick to order meal)</u>
19 th	Egg Mayonnaise Lemon Dusted Sole a Dijon cream sauce and buttered New Potatoes. Warmed Spiced Pears & Whipped Cream	Creamed Potato ☐ Small Meal ☐		Yes ☐ No ☐ Tray ☐

Menu 4a For Week Commencing <u>Sept 25.</u>		Name:	Apartment No:
<u>Bookings & Cancellations Require 24 Hours' Notice.</u>		<i>Please tick preferences</i>	
Saturday 20 th	Tomato and Basil Soup Asparagus and Cheshire Cheese Tart with New Potatoes and Salad Cherry Cobbler with Ice Cream	<u>Choose Dessert Accompaniment</u> Small Meal ☐ Bread Roll (soup only) Yes ☐ No ☐	<u>(Tick to order meal)</u> Yes ☐ No ☐ Tray ☐
Sunday 21 st	Salmon Roulade Roast Beef, Roast Potatoes, Vegetables & Yorkshire Pudding Apple Strudel with Custard or Cream	Small Meal ☐ Creamed Potato ☐ Custard ☐ Cream ☐	<u>(Tick to order meal)</u> Yes ☐ No ☐ Tray ☐ Sherry Med ☐ Dry ☐ Cream ☐
Monday 22 nd	Pate & Toast Breaded Plaice, Chips and Mushy Peas Peaches and Cream or Ice Cream	Small Meal ☐ Creamed Potato ☐ Ice Cream ☐ Cream ☐	<u>(Tick to order meal)</u> Yes ☐ No ☐ Tray ☐
Tuesday 23 rd	Cream of Celery Soup Lemon Garlic Chicken with New Potatoes with Broccoli and Cauliflower Gratin.. Warm Baked Apples with Ice cream or Cream	Small Meal ☐ Creamed Potato ☐ Ice cream ☐ Cream ☐	<u>(Tick to order meal)</u> Bread Roll (soup Only) Yes ☐ No ☐ Tray ☐
Wednesday 24 th	Prawn Cocktail with Bread and Butter Baked Salmon with Leek, Roasted New Potato and Cheese Sauce. Lemon Tart with Whipped Cream	Small Meal ☐ Creamed Potato ☐ Ice cream ☐ Cream ☐	<u>(Tick to order meal)</u> Yes ☐ No ☐ Tray ☐
Thursday 25 th	Orange and Melon Balls Lamb Chop with Creamed Potatoes & Vegetables. Chocolate Profiteroles with Cream	Small ☐ Large ☐	<u>(Tick to order meal)</u> Yes ☐ No ☐ Tray ☐
Friday 26 th	Chicken Soup Fish Pie and Vegetables Berry Almond Tart with Ice cream	<u>Choose Potato</u> Creamed Potato ☐ Small Meal ☐	<u>(Tick to order meal)</u> Bread Roll (soup only) Yes ☐ No ☐ Tray ☐

Menu 1a For Week Commencing <u>Sept/Oct 25</u>		Name:	Apartment No:
<u>Bookings & Cancellations Require 24 Hours Notice.</u>		<i>Please tick preferences</i>	
Saturday 27 th	Watermelon and mint salad Brunch Sausage, Bacon, Tomatoes, Mushrooms, Beans, Egg and Hash Browns. Vegetarian Option Available Or Crushed Avocado on Wholemeal Toast with a Poached Egg. Homemade Rice Pudding with Blueberry Compote.	Egg Choices Scramble egg ☐ Fried Egg ☐ Small Meal ☐ Vegetarian ☐ Avocado ☐	Alternatives – Please state juice variety (Tick to order meal) Yes ☐ No ☐ Tray ☐
Sunday 28 th	Watercress Soup Roast pork with Stuffing, Apple Sauce, Roasted Potatoes and Vegetables. Fruit Trifle	Choose Potato Creamed Potato ☐ Small Meal ☐ Bread Roll (soup only) Yes ☐ No ☐	(Tick to order meal) Yes ☐ No ☐ Tray ☐ Sherry Med ☐ Dry ☐ Cream ☐
Monday 29 th	Cheese Souffle with Salad Battered Cod, Chips & Mushy Peas With a choice of Small or Large. Caramel Apple Pie and Custard	Choose Potato Creamed Potato ☐ Choose Fish size. Large ☐ Small ☐	(Tick to order meal) Yes ☐ No ☐ Tray ☐
Tuesday 30 th	Smoked Salmon & Melon Roast Lamb, Roast Potatoes & Vegetables with Mint Sauce. Rhubarb and Custard Crunch	Choose Potato Creamed Potato ☐ Small Meal ☐	(Tick to order meal) Yes ☐ No ☐ Tray ☐
Wednesday 31 st	French Onion Soup with a Cheesy Croutons. Sea Bream with Lyonnaise Potatoes, Creamy Tarragon Sauce and Green Salad. Strawberry Jelly and Pitted Cherries with Cream or Ice cream	Small Meal ☐ Cream ☐ Ice Cream	(Tick to order meal) Yes ☐ No ☐ Tray ☐
Thursday 1 st	Seafood Bisque. Quiche Lorraine served with a mixed leaf salad, Sauté potatoes, Coleslaw & Beetroot Ice cream Sundae	Small Meal ☐ Bread Roll (soup only) Yes ☐ No ☐	(Tick to order meal) Yes ☐ No ☐ Tray ☐
Friday 2 nd	Breaded Mushrooms Poached Salmon with New Potatoes, Vegetables and White Wine Sauce Lemon Meringue Pie with Cream or Ice Cream	Choose Potato Creamed Potato ☐ Small Meal ☐ Cream ☐ Ice Cream	(Tick to order meal) Yes ☐ No ☐ Tray ☐